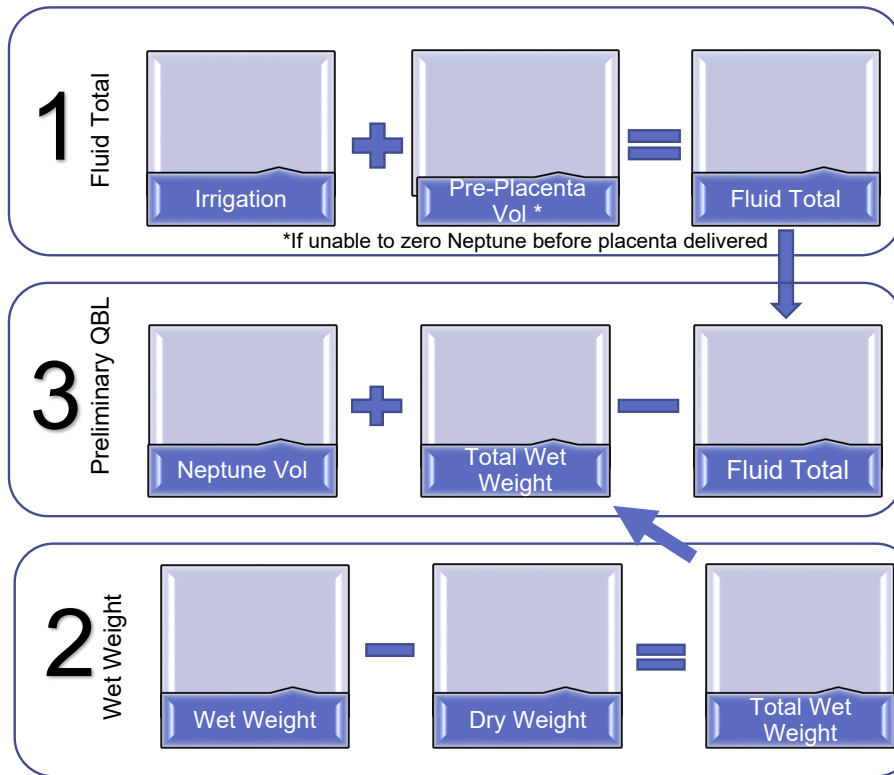


Appendix M: Sample QBL Worksheet

Note: This is a SAMPLE developed for a particular facility as an example to work from. You may need to adjust based on the individual circumstances of your facility.

QBL Worksheet: C-Section



4 Final QBL

Kidney Basin Volume (subtract 20 gm for kidney basin dry weight)	
Preliminary QBL	
Final QBL	

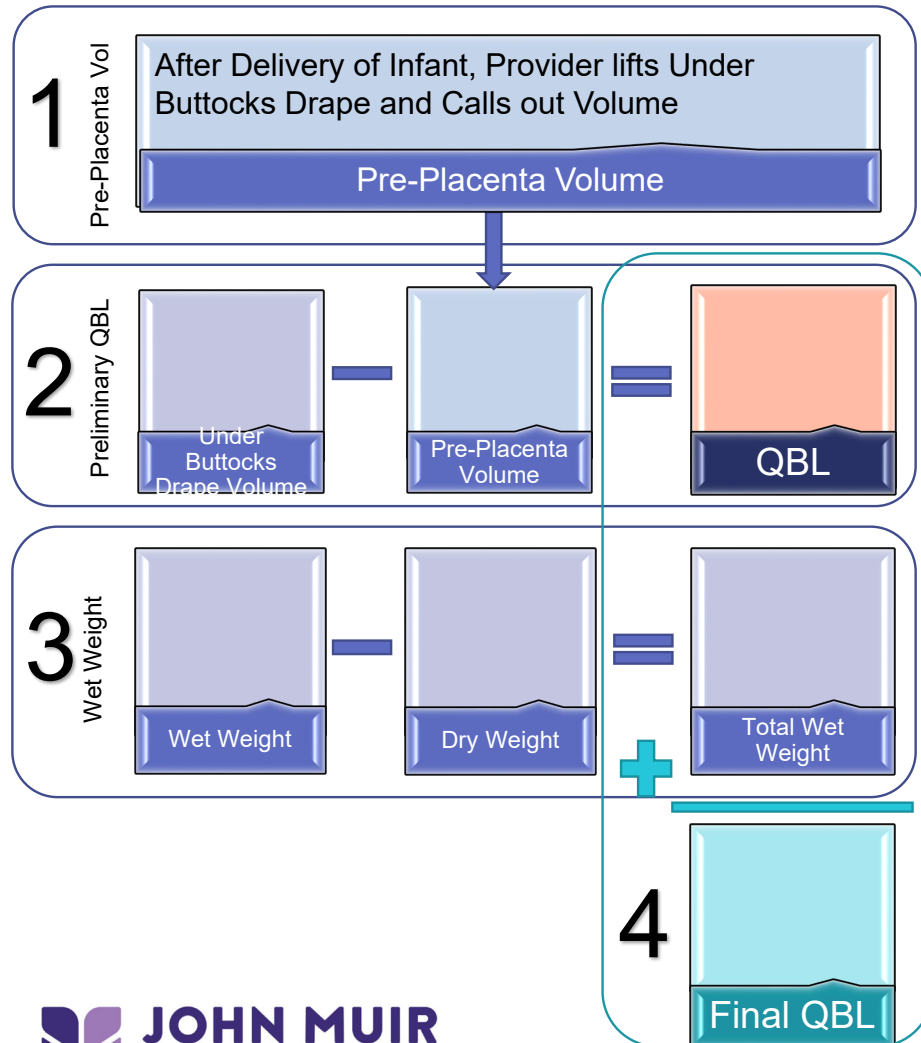
Miscellaneous Dry Weights (grams)	
Under Buttocks Drape (UBD)	130
Blue Chux	15
Peripads	10
Large White Underpad	120
Mesh Underpants (Large)	10
Blue towel	55
Plastic kidney basin	20
Vaginal Packing (2"x 15')	30
4 X 4 Sponge	3
Perineal Ice Pack	180
Lap	20
Blue lap holder	20
Blue lap holder w/ 10 dry laps	220
Bath blanket	560
Bath towel	440
Fitted sheet	170

Weighed Items: the table to the right is the most commonly used items in a C/S, be sure to add in dry weights from the Miscellaneous Dry Weights table if applicable

Item (commonly use in C/S)	Dry Weight (gm)	Total Weight
Lap holder #1 + 10 laps	220	
Lap holder #2	20	
Lap (1)	20	
4 x 4	3	
Sub Total	263	



QBL Worksheet: Vaginal Delivery



- Step 1:** Determine pre-placenta volume in under buttocks drape
- Step 2:** At end of repair, when patient is stable, determine under buttocks drape volume and subtract pre-placental volume for preliminary QBL
- Step 3:** If 4x4's, laps, towels etc. were saturated, weigh them and subtract dry weight for Total Wet Weight.
- Step 4:** Add Total Wet Weight to Preliminary QBL

Miscellaneous Dry Weights (grams)	
Under Buttocks Drape (UBD)	130
Blue Chux	10
Peripads	10
Large White Underpad	120
Mesh Underpants (Large)	10
Blue towel	55
Plastic kidney basin	20
Vaginal Packing (2"x 15')	30
4 X 4 Sponge	3
Perineal Ice Pack	180
Lap	20
Bath blanket	560
Bath towel	440
Fitted sheet	170